

# Heptonstall Fell Race

**Distance:** 15 miles

**Ascent:** 3,200ft

**Start:** 10.30am

Apart from the navigational section (blue line) please follow the exact route marked on the map, which will be flagged.

All checkpoints should be taking numbers. If your number is covered up, please shout it out clearly to the marshalls. At Checkpoint 4, there is a river crossing; marshalls will be on hand to assist if necessary. There is a detour if preferable.

**Please ensure that all gates are closed and that no walls / fences are climbed.**

If you retire or are injured or lost, call HQ via Raynet on 07765 402900. Please also inform the nearest marshall.

**In an emergency please dial 112**

